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PRACTICE LIMITED TO ORTHODONTICS

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ORTHODONTIC ADVICE - REMOVABLE APPLIANCE

GENERAL INFORMATION ABOUT REMOVABLE APPLIANCES

The brace you have been given is called a removable appliance. It is designed to carry out a specific job. It is not a temporary brace, it is doing an important job and it must be worn as instructed for it to work.

When the brace is first fitted it will feel very strange and you may experience difficulty speaking and eating; the muscles around your face might ache a little as well, you may need a simple pain killer in the early stages. After about 24-48 hours your speech will improve and the discomfort usually goes. If after a week you are still having problems, please contact the practice for advice.

CLEANING YOUR BRACE

The brace should be cleaned at least twice a day and must be taken out when you clean your teeth. Make sure the brace and your teeth are thoroughly cleaned before you go to bed at night. A toothbrush and toothpaste are usually suitable for this sort of brace cleaning. Additional products can be used occasionally such as "Retainer Bright" or Milton. On rare occasions patients can develop fungal infections due to wearing the brace; this can make the roof of the mouth sore and appear redder than usual, white patches can also appear. If you are worried that this may be developing, please contact us for advice.

DO NOT LOSE YOUR BRACE - YOU WILL BE CHARGED BY THE N.H.S. FOR A NEW ONE. SPEAK TO A MEMBER OF STAFF REGARDING THE PRICE.

IF YOU BREAK YOUR BRACE, YOU SHOULD CONTACT US AS SOON AS POSSIBLE SO WE CAN ADVISE AND MAKE ARRANGEMENTS FOR YOUR APPLIANCE TO BE REPAIRED. YOU WILL NEED TO BRING IN THE BROKEN BRACE WITH YOU TO AVOID BEING CHARGED.

IF YOU REPEATEDLY MISS APPOINTMENTS OR MISS 3 IN A ROW, YOU WILL BE DISCHARGED FROM OUR CARE BACK TO YOUR GENERAL DENTIST. IF YOU THEN WISH TO BE SEEN AGAIN, THERE WILL BE A CHARGE TO CONTINUE TREATMENT OR TO REMOVE THE BRACE.