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PRACTICE LIMITED TO ORTHODONTICS

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## PRIVATE PATIENT INFORMATION

### WHAT ARE CERAMIC BRACES?

Ceramic braces are strong, comfortable, lightweight brackets and wires fixed to the front of your teeth. These exceptional braces are made from tooth-coloured materials that blend in with the natural shade of your teeth, meaning they are a popular system for adults with orthodontic needs. They're an excellent choice for straightening teeth because they allow precise re-positioning and the ceramic brackets make them far less visible than metal braces.

### AM I SUITABLE FOR CERAMIC BRACES?

These braces are reliable and can correct most types of orthodontic problem. If you have noticeable spaces between your teeth or your teeth are overcrowded, ceramic braces could be the perfect option for you. They are also a good choice for:

- Protruding or rotated teeth
- Overbites
- Underbites
- Open bites
- Crossbites

### THE TREATMENT PROCESS FOR CERAMIC BRACES

If you decide to go ahead with ceramic brace treatment, we'll take impressions of your teeth to help with treatment planning. When you come for your brace fitting, we'll glue the brackets onto your teeth and attach the wires, which will be adjusted so that your teeth can begin to move.

We'll invite you back regularly to check your progress and make any necessary adjustments.

### THE ADVANTAGES OF CERAMIC BRACES

The biggest appeal of ceramic braces is their barely visible appearance. They are far more discreet than traditional metal braces but they still achieve the same brilliant results. The brackets used in ceramic braces won't discolour, so you don't need to worry about them being obvious during treatment.

Ceramic braces are also comfortable as they use low forces to move your teeth into the correct position. This increases the comfort and safety levels of the braces. After a short period of adjustment you'll be able to eat and speak without discomfort.